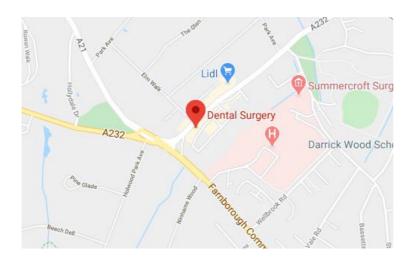
### **FIND US**

KentEndo c/o The Dencare Clinic 419 Crofton Road Locksbottom, Orpington BR6 8NL



Parking at Sainsbury's Car Park Limited On site parking



**\** 01622 225 555

www.kentendo.co.uk

□ reception@kentendo.co.uk





www.kentendo.co.uk



# PRACTICE INFORMATION

### **Monika Sharma**

BDS, MFDS RCS (Eng), MSc (Endo)

### **Aisha Ur Rehman**

BDS, BSc, MSc (Endo)

## **Dheepthi Jana**

BDS Manchester 2009 MJDF RCS (Eng) Dip (Endo)

#### WHAT IS ROOT CANAL TREATMENT?

Root canal (endodontic) treatment is the removal of inflamed, diseased or injured soft tissue, and/ or bacteria inside the root canal of a tooth. The soft tissue is known as the pulp and is made up of blood vessels, nerves and connective tissue.

## WHY IS ROOT CANAL TREATMENT NECESSARY?

The purpose of root canal treatment is to restore an unhealthy or diseased tooth so that it may function correctly inside your mouth. When a tooth has suffered trauma, such as a knock or fall, or has had significant decay or a large restoration (filling or crown), bacteria may reach the pulp. The injured pulp tissue may eventually die and the root canal may become infected, causing pain, abscess or it may remain symptom-free. In severe cases this infection may spread to the surrounding bone. If root canal treatment is not performed the tooth may have to be removed.

## WHY HAVE YOU BEEN REFERRED TO OUR PRIVATE CLINIC?

Although all dentists have received training in endodontic procedures, our Dentists, who work on a private-only basis, have more training and experience with this type of treatment and use special equipment such as endodontic microscopes and micro instruments which allow them to access the fine, curved root canals within the tooth, that can be very difficult to reach.

## WHAT DOES ROOT CANAL TREATMENT INVOLVE?

The aim of root canal treatment is to remove the infected pulp tissue. Once the bacteria are destroyed, the canal is cleaned and filled. The majority of root canal treatments involve two or more appointments with the dentist, although sometimes it may be completed in one visit. This decision will be made by the dentist at the time of consultation and diagnosis. Initial consultations are usually half an hour and the length of treatment appointments will depend on the complexity of the procedure. You will be advised of this after your initial consultation.

#### IS IT PAINFUL?

Endodontic treatment is performed using local anaesthetic and the whole process should feel no different to that of having an ordinary filling placed. There should be no pain during treatment and every possible effort is made to ensure your comfort throughout the procedure. It is normal to have some minor discomfort for a short time after treatment and you will be advised about managing this.

#### WHAT IF I AM NERVOUS?

Your individual needs will be discussed with you at the time of your consultation. We are able to provide oral or intravenous sedation for those patients who feel they may not cope with treatment otherwise, or for some more complex procedures.

#### WILL THIS PROCEDURE BE SUCCESSFUL?

Although it is impossible to guarantee the success of any medical or dental procedure, root canal treatment has a very high success rate. The factors influencing the success of root canal treatment include how infected the tooth is, how long the infection has been present and if the tooth has previously been root treated. In some instances, healing may not occur and alternative treatments may be advised to remove the infection.

#### WHAT HAPPENS AFTERWARDS?

You will need to see your dentist soon after the root canal treatment for the final restoration. Usually this is a crown that needs to be prepared and subsequently placed on heavily restored teeth to protect them from fracture. On some occasions this may not be needed and the dentist will inform you about this. He or she may wish to see you again for review of the treatment and you will be advised of this at the end of your appointment.

#### **CANCELLATION POLICY**

Due to the nature of the treatments we request notice of 48 hours prior to changes or cancellation of appointments. This is to allow us time to contact those patients who may be in urgent need of treatment and ensures that we can offer an efficient service to all of our patients at all times. It will be necessary to charge a late cancellation fee should this policy be overlooked. This period does not include weekends.

## **OUR TEAM**



#### **Monika Sharma**

BDS, MFDS RCS (Eng), MSc (Endo)

(GDC#83781)

Monika qualified from King's College London in 2004, following which she worked as a vocational trainee in an NHS practice in South London. She then undertook two years as a Senior House Officer in Restorative, Paediatric and Oral and Maxillofacial surgery departments. In 2007 Monika gained membership of the Faculty of Dental Surgeons England (MFDS). She was awarded a distinction in her MSc in Endodontics in 2011 from the Eastman Dental Institute. Currently Monika's time is dedicated to endodontic private practice.



#### Aisha Ur Rehman

BDS, BSc, MSc (Endo)

(GDC#258676)

Aisha qualified as a Dentist from King's College London after studying Biomedical Science prior to this. She worked in private practice in South London. After a few years in practice, she developed an interest in Endodontics which led her to undertake a three-year MSc in Endodontics at Queen Mary's University, London. Aisha sees patients for endodontic treatment on a referral basis and is a member of the British Endodontic Society and the European Society of Endodontics



#### **Dheepthi Jana**

BDS Manchester 2009 MJDF RCS (Eng) Dip (Endo)

(GDC#177431)

Dheepthi gained her BDS qualification from Manchester University and spent several years consolidating her skills in general dental practice in London and the South East. Alongside general practice, she completed her examinations to attain her Membership of the Joint Dental Faculties (MJDF) of the Royal College of Surgeons (England). Through her years in practice, Dheepthi developed a keen interest in root canal treatments and furthered her education in this discipline by completing a Diploma at the Eastman Dental Institute, graduating with Merit. Dheepthi is currently completing her specialist training in Endodontics at the prestigious King's College, London. She strives to provide consistent, high-quality endodontic treatment in a pain-free and comfortable environment.

#### **HOW MUCH DOES IT COST? (Effective as of 1st January 2023)**

Ilnitial Assessment & Report from £70 CBCT Scan £170-£230	Pulp therapy & filling (complicated trauma cases) from£220
Incisors and Canines£600	Additional fee for post placement or removal£150
Premolars£700	Other endodontic therapies (e.g. surgery)POA
Molars£750	New case emergency appointment£250
Additional fee for retreatment£75	Whitening of non-vital teeth£300
Additional fee for use of Biodentine/MTA£50	IV SedationPOA
Investigationfrom £250	

Please note most teeth will require a cuspal coverage restoration (e.g. crown or onlay) after the root canal treatment. This procedure is carried out by your dentist and you will be informed of its cost by them.

Payment to be made at the time of treatment. We accept cash, most credit/debit cards.